Dear

Remember in my first letter when I told you that I know how scary it can be when normal life changes and in My second letter when I promised that you do not have to worry, because I am walking alongside you in whatever challenges you are experiencing. Please, never forget that.

It is so important that you understand that even when you are walking through the valley of the shadow of death, meaning when things are not going so good, that this is only temporary and will come to an end. Also, that in order for there to be a shadow, there also must be a light. I am the light, the Great Light of the World. I walk in the valley with you. My light is always by your side so you are never alone.

You see, the path through the valley is not a detour from My faithful guidance but a path through which my promises can be fulfilled, in such a way that My glory will be revealed. I will guide you through the valleys until you reach the sunny, open field on the other side.

So when things are difficult, do not be afraid because I have not given you a spirit of fear, but one of power, love, and sound mind (2 Timothy 1:7).

Love Forever

God

P.S.

Maybe before you go to bed you can read Isaiah 43: 1-2 or use your "Fear Not" paper globe, if you still have it, to roll God's promise ball and pray using the verses.

For Arts & Crafts colour the following picture.

